

National Board of Examinations

Question Paper Name : DNB Palliative Medicine Paper3
Subject Name : DNB Palliative Medicine Paper3
Duration : 180
Total Marks : 100
Display Marks: No

Maximum Instruction Time : 0

Question Number : 1 Question Id : 32718733844 Consider As Subjective : Yes

Please write your answers in the answer booklet within the allotted pages as follows:-

Question Number	Answer to be attempted within	Question Number	Answer to be attempted within
Q. 1	Page 1-5	Q. 6	Page 26-30
Q. 2	Page 6-10	Q. 7	Page 31-35
Q. 3	Page 11-15	Q. 8	Page 36-40
Q. 4	Page 16-20	Q. 9	Page 41-45
Q. 5	Page 21-25	Q. 10	Page 46-50

1. a) Classification of chronic obstructive pulmonary disease as per GOLD criteria. [3]
b) Triggers for palliative care referral in a patient with COPD. [3]
c) Pointers to limit treatment in a patient with end-stage COPD. [4]

Question Number : 2 Question Id : 32718733845 Consider As Subjective : Yes

- a) Pathophysiology of chronic phantom limb pain. [3]
b) Pharmacological management of chronic phantom limb pain. [3]
c) Rehabilitation and non-pharmacological measures for chronic phantom limb pain. [4]

Question Number : 3 Question Id : 32718733846 Consider As Subjective : Yes

- a) Triggers to initiate advance care planning. [3]
b) Process of advance care planning. [4]
c) Excerpts of 2023 Supreme Court judgement on advance care planning. [3]

Question Number : 4 Question Id : 32718733847 Consider As Subjective : Yes

- a) FAST staging in dementia. [3]
b) Triggers for palliative care referral in dementia. [3]
c) Palliative care needs in a patient with dementia. [4]

Question Number : 5 Question Id : 32718733848 Consider As Subjective : Yes

- a) Factors contributing to burnout in a palliative care setting. [3]
- b) Maslach burnout inventory. [3]
- c) Interventions to mitigate burnout for health care providers in palliative care. [4]

Question Number : 6 Question Id : 32718733849 Consider As Subjective : Yes

- a) Definition of palliative sedation. [2]
- b) Indications for palliative sedation. [3]
- c) Prerequisites before initiating palliative sedation. [2]
- d) Pharmacological agents used in palliative sedation. [3]

Question Number : 7 Question Id : 32718733850 Consider As Subjective : Yes

- a) Differences between disease versus palliative prognostication. [4]
- b) Prognostication in stage D heart failure. [3]
- c) Prognostication in end-stage liver disease. [3]

Question Number : 8 Question Id : 32718733851 Consider As Subjective : Yes

- a) Palliative care in humanitarian crisis. [4]
- b) Palliative care in pandemics like COVID-19. [3]
- c) Essential package of palliative care for humanitarian emergencies. [3]

Question Number : 9 Question Id : 32718733852 Consider As Subjective : Yes

- a) Therapeutic value of hope in patients with serious illness. [3]
- b) Hope assessment framework in patients with terminal illness. [3]
- c) Hope-enhancing strategies using the framework for hope intervention. [4]

Question Number : 10 Question Id : 32718733853 Consider As Subjective : Yes

- a) Suicide in people with advanced and terminal illness. [3]
- b) Risk factors associated with suicidal ideation. [3]
- c) Assessment and management of a patient with a suicidal tendency. [4]